

The Eco Backrest™

Have fun
and get
it
done!



* A revolution in the laptop computer work station.

* The most comfortable, versatile and customizable chair on the market.

* Working in this position actually restores physical and mental energy similar to a nap--but while you work.

* Six different adjustable angles from upright to almost flat.

* Sleek design compliments any living room or bedroom.

* Knocks down in seconds for easy carrying.

* Constructed from non-toxic, recycled and organic materials, Organic cotton fabric stuffed with kapok. Made in America with Fair Trade labor. No PBDE's.



Lie Down Desk (on your tummy) in the 'salamander' position, frees the arms and shoulders. Feels like you're floating!

Accessories:

- *Removable Cover
- *Eco blocks (armrests)
- *Cylindrical pillow

Carolina Morning
Seats from the South

www.
body
friendly
furniture.com
Toll Free
1-888-267-5366



Assembly Instructions

The Eco Backrest™ consists of a FRAME and a CUSHION.

Frame Assembly:

The frame has a large back piece shaped somewhat like a triangle, and a fin assembly unit which consists of five separate pieces.



1--Place the cushion on a bed or floor. If your cushion has a removable cover, that should be in place first.

2--Place the large triangular-like piece of the frame on top of the cushion so the side labeled 'cushion side' is facing the cushion.

3--Now attach the cushion to the frame using the clip on straps. Insert each end of each strap through its matching hole on the outer edge of the frame. There are a total of four sets of straps and four sets of holes.

Assemble the Fin

4--Insert each of the three small bars into the matching holes in one of the fins. The bars should be inserted into the side of the fin with the logo.

5--Place one of the two small wedges into the slot where the widest bar inserts into the fin, so that bar is held in place.



6--Place the other matching fin piece--with logo facing in--into the other side of the bars which are extending out from the first fin. In other words, you are inserting the bars into the holes in the other fin. Place the wedge in the slot where the widest bar meets the fin.



7--Place this completed fin assembly onto the back part of the frame. You will use the thumb screws to attach the fin to the back. You have four thumb screws. You will need to decide which position out of the four you want to put your frame together. There is a small amount of play where the holes in the fin assembly meet the frame. You may need to give the fin piece a slight tap to line it up.

